

Ontario Field Lacrosse Officials Association

R.I.C. Kevin Caplice; Deputy R.I.C. Dale Sett
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Ontario Senior Men's Field Lacrosse League

Article 10 Rules of Play

Section 1. I.L.F. rules will be in effect for all games unless otherwise directed and approved by the league and Ontario Lacrosse Association.

All players must wear an approved field lacrosse helmet or C.S.A. approved hockey helmet and full mask. Any alterations to a manufactured helmet or mask will make it illegal.

Mouth guards are mandatory.

All players' sticks must abide by the F.I.L. specifications

Game Times – League Games

- i.) 15 minute quarters (last 3 minutes of 4th quarter stop time)
- ii.) Half Time: 5 minutes
- iii.) Time Outs: 2 per half

Game Times – Provincial Qualifiers & Championships

- iv.) 20 minute quarters (last 3 minutes stop time)
- v.) Half Time: 10 minutes
- vi.) Time Outs: 2 per half

Total points win league. If teams are tied at the end of league play, the tie will be broken as per O.L.A. Constitution (FR1.06).

Tied games will stand in regular season play.

Tied games in Qualifiers and Provincials, will be played as follows:

- Two 4 minute quarters, running time
- If necessary, Sudden Victory will be played using 4 minute stop time quarters

Slashing will be called tightly.

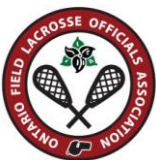
The Designated Defender rule will be used.

Section 2. O.L.A. Field Lacrosse game sheets will be used for all sanctioned games.

Article 11 Playing Misconduct and Grievances:

Section 1. Playing Misconduct

- a) A player or bench personnel who flagrantly criticizes officials, or demonstrates malicious or unsportsmanlike behavior, is open to disciplinary measures from the Council for their actions.



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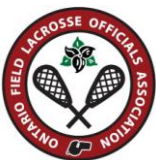
- b) The Commissioner must keep a record of all ejections. The Disciplinary Committee will rule on the severity of the incident and decide whether a Review hearing is required.
- c) The Disciplinary Committee shall meet within three (3) days where possible after notification of the incident. A player shall not play or practice with any team until the Disciplinary Committee has met.

Section 2. Offences

- a) **Fighting – 1st Offence:**
 - i.) The player will automatically be ejected from game and miss the following league game.
 - ii.) The player may not be on the player bench and must be listed on the game sheet as serving suspension.
- b) **Fighting – 2nd Offence:**
 - vii.) The player will automatically be suspended from participating for the balance of the season, qualifiers and provincials.
 - viii.) A second ejection at any time during the playing season will result in a Disciplinary hearing.
- c) **Intent to Injure:**
 - i.) The player will automatically be ejected from game and miss the following two league game.
 - ii.) The player may not be on the player bench and must be listed on the game sheet as serving suspension.
 - iii.) A Disciplinary hearing will be held.
- d) **Profanity:**
 - i.) The player or bench personnel will automatically be ejected from game and miss the following league game.
 - ii.) The player or bench personnel may not be on the player bench and must be listed on the game sheet as serving suspension
 - iii.) A Disciplinary hearing will be held.

Section 3. Disciplinary Committee

Members of the Disciplinary Committee shall be comprised of the Commissioner (Chair) plus three (3) of the centers [whomever is available at that particular time, providing they don't have a conflict of interest with the person being reviewed]



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The Chair will inform the player's coach of the date and time of the hearing and request the attendance of both player and coach. All relevant personnel will be invited to the Review hearing (Official, opposing coach).

After submission to the Review Committee by the appropriate personnel, the Committee shall make a ruling and report that ruling to the people involved (Coach, Affiliated Minor Association) within 24 hours. A written copy of the ruling should follow as soon as possible.

A Review Committee suspension shall be defined as follows: "to bar or exclude a privilege; usually for a specified time as a penalty". This includes practice, exhibition, league and tournament play.

